

Thriving Through Challenges and Change

Keynote: Dr Lucy Hone

Wānaka Community Evening

Lessons from Science & Life

This community evening brings people together to explore how we navigate challenge and change in our lives. **Dr Lucy Hone** will share insights from science and lived experience on resilience, before joining Te Kura o Tititea Mount Aspiring College Principal Nicola Jacobsen, in a live conversation about what truly helps individuals and communities through difficult times.

Wednesday 22 April

Lake Wānaka Centre

89 Ardmore St

7:00pm - 8:30pm

Doors Open 6:30PM - Refreshments available - BYO CUP

Cost: \$25pp or 2 for \$45*

**If cost is a barrier, please feel welcome to contact Community Link connect@communitylink.nz*

**Book here
using QR Code**

Expect a warm,
thoughtful and
inclusive evening.



Known globally for her TED Talk "**3 Secrets of Resilient People**", (officially named in TED's top 20 talks of 2020).

drlucyhone.com

Tickets on sale now

via QR code or online at: pathwanaka.org.nz/whats-on/events

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